

Head Coach Report January 2022

I have completed a form requested by NAC that we are following the new health orders. As well, they want us to scan the QR code of each member which we have already done. RAC has requested that we do this as well. They are also asking swimmers to check in with the front desk and let them know they are with our club. This way the front desk knows they have been checked for POV.

We have had our training meet #2 and I am very pleased with the results. In 13-15 AG, Peyton placed 4th. In 16-20 AG Sydney place 5th... Natalie placed 7th... Tabitha placed 9th.

Training meet #3 is a feedback meet for both figures and routines... Feb 18-20. This is an in-person or virtual meet. We can decide. However, BCAS has suspended in person meets with the new health order restrictions. If we were able to attend in person, I have one swimmer who is unable to because of a prior commitment. Since I have 2 duets, it does not make sense to send one duet and have the other attend virtually. Lisa is wanting to take her team. The questions are: Can we afford this? Does it make sense to have only 1/2 the club attend in person? I think the best bet is to cross our fingers that the Mable Moran and Jean Peters meets will be in person. There is some talk about changing the Jean Peters meet to the island instead of Kamloops due to the highway situation.

I am setting our swim-a-thon date for Tuesday Feb. 1. It needs to be a Tuesday as on Thursdays we drop from 4 lanes to 3 halfway through our practice.

I will be away Jan 14-23. I have Lisa covering my Jan. 16 practice and Debbie covering my Jan. 18/20/23 practices.

Carol MacFayden