

Head Coach Report April 2022

NAC is closed due to unforeseen circumstances. We wait and see before figuring out plan 'B'.

When I submitted my last star testing results for my rec girls, I found out that the star program is ending. Star pins will no longer be available. As well, all entry level swimmers are to use the AquaGo program. As a club we are required to offer this program. It is being mandated by CAS.

Peyton is no longer able to swim due to a knee injury. This is sad news for Tabi and their duet. They have been working so hard. BCAS will allow Tabi to swim a solo at Mable Moran but she can not swim a solo in the duet event. We will need to adjust the music as a solo is 30 seconds shorter. I will discuss all this with Tabi tomorrow at practice.

Mable Moran - I hope everyone has booked their hotel rooms. We may be spread out as not everyone is staying at a hotel or the same hotel. I will create an itinerary like I do for all swim meets. We have a solo, Sydney, swimming Friday night... possibly Tabi. It would be great if we can have as many athletes attend the Friday night event to support our teammates. Just a reminder that we do expect all athletes to attend fellow teammate's events. However, this does not include the figure events. All athletes and coaches while at the pool must wear their RW club uniform, whether watching or participating in an event.

We have not had an away meet in 2 years. The Preparation Time sheet I submit to Julie will have travel charges included. We need to confirm: mileage - \$.42/km... per diem rate - \$40/1/2 day, \$75/full day... meal allowances - breakfast \$10/day, lunch \$15/day, dinner \$20/day.

May 1 - Watershow - NAC has offered us the dive tank for this event. I have been offered this but have not had confirmation. Bleachers are set up to accommodate any spectators who are coming to support our athletes.

Carol MacFayden